

Information provided is intended to inform clients of expected procedures and outcomes. However, not all patients or procedures are the same, and information may not be applicable to all procedures. Dr Boonchai reserves the right to vary the way that a procedure is performed or which technique is used.

## VASER LIPOSUCTION

<b>Surgical Name:</b> Vaser Liposculpture Suction Lipectomy
<b>Hospital Admission:</b> At least 1 night (hospital nights will vary on the number of treated areas)
<b>Duration of Operation:</b> 1 - 2 hours per area
<b>Anesthetic:</b> General Anesthesia
<b>Recommended stay in Bangkok:</b> 7 - 10 days



### Who benefits from vaser liposuction?

- Clients who want to get rid of their large amounts of stored fat.
- Clients who want to have a smooth skin even in delicate areas like the arms and neck.
- Clients who want a refine and emphasize the appearance of muscles.

### How is vaser liposuction surgery performed?

All cells in the body, including fat cells, vibrate naturally. This smart liposuction procedure breaks down fat cells by amplifying that natural process.

The advanced ultrasound technology allows the surgeon to effectively break down fat cells without affecting other cells that vibrate at different frequencies. The liquefied fat cells are then removed from the body using a gentle suction process.

During the surgery, the area to be reshaped is filled with a special saline solution that helps numb the site and shrink the blood vessels (to minimize blood loss and reduce bruising). This solution (called tumescent solution) wets and fills the area to be treated, making it easier to break up fatty tissue with the VASER Systems ultrasound energy. Next a small probe transmits sound energy (similar to that used for cataract removal from the eye) to fragment fatty tissue on contact while leaving other important tissues largely intact.



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Finally, the liquefied fat is removed through a gentle suction process designed to minimize damage to the surrounding tissues. Then the muscle structures are chiseled out.

## Pre-Operative Care

Our team will evaluate your medical history to check for conditions that may delay the surgery or the healing process. Some of the common conditions are:

- Bleeding tendencies - problems with blood clotting, or lack of clotting
- Scarring problems you have had in the past - like keloid scars and hypertrophic scars
- Hypertension (High blood pressure) - particularly if it is not under control.
- Smoking - this may affect your reaction to the anaesthetic and prolong the healing process. Please stop smoking 4 weeks prior to surgery.

Please avoid aspirin and brufen-containing medication for two weeks prior to surgery to eliminate the chance of post op bleeding. Generally it is best to continue any blood pressure or blood sugar medications. These may safely be taken with a sip of water on the morning of surgery. Women should ensure negative pregnancy test before surgery.

Protect your health prior to surgery. Even a simple cold could cause complications with the anesthesia. If you do develop an illness right before your surgery, let your surgeon know. On the day of your procedure, do not wear any skin care products, makeup, deodorant, perfume, nail polish or powder.

## Post-Operative Care

The VASER Lipo procedure involves minimal downtime and you can get back to your everyday routine almost immediately, depending on which area you have targeted. The small incisions made during the treatment will not require stitches.

Patients and their doctors will not be able to fully appreciate the results of liposuction until the inflammation has gone down, which in some cases may take several months. Typically, most of the swelling will have settled after about four weeks and the area where fat was removed should appear less bulky.

Patients who maintain their weight can usually expect permanent results. Those who gain weight after the procedure may find that their fat distribution alters. Those who previously had fat accumulating in their hips might find that their buttocks become the new problem area.

Diet-meals are not restricted. Drink plenty of clear fluids. We recommend 8 glasses of water or fruit juice a day. Do not drink any alcohol for 48 hours and limit alcohol intake for the first week. As your incisions stop draining, please clean with saline solution and apply antibiotic ointment to the incision.

It is important to wear your compression garment at all times.

